



Rolling Hills Community News

Exira
Elk Horn
Kimballton
Brayton

July 13, 2023

Volume 3 - No. 12

There are three

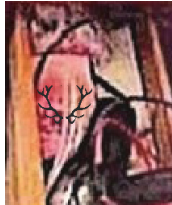
The mystery of:
"The Hiding Elk Horns"
In the June 8th paper

These Elk horns are hiding somewhere in this publication. It may be small, large, transparent...

PG 8

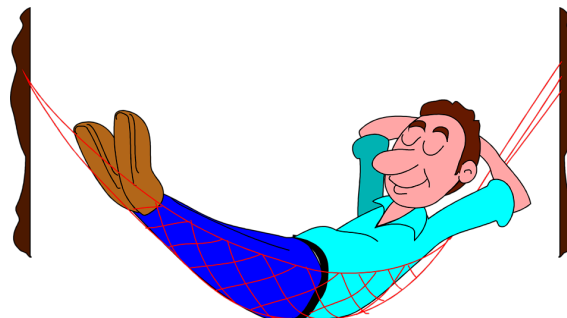
Page 11
lower left
picture

Pg 20
Bottom/
Right cake



NOTICE:
We will be taking a summer break...
We will return with the August 24th publication

Taking a **BREAK**



Pick up your **FREE** copy of Rolling Hills Community News at your Post Office, library, bank and local stores. And **PLEASE** thank the merchants for their advertisements. They make this paper possible.

We publish on the 2nd and 4th Thursday (sometimes Friday) **of the month.**

Deadline for content is the **SUNDAY BEFORE.** We **REALLY APPRECIATE** the content you have been sending. We would ask that you try your best to get it to us by the deadline - Earlier is **MUCH** appreciated.

Please send your content in digital form to our email:

content@rollinghillsnews.net. We would appreciate:

- Content pictures sent as an attachment
- Text can either be in the body of the email or as an attachment.
- Text in Microsoft Word or similar format.
- Include contact information to resolve any issues

Questions? Contact: Steve or Dusty Turner:
(712)764-3441(home) (510)205-8840 (Steve's cell)
(510) 566-3063 (Dusty's cell)

The beliefs and opinions of submitted content should not be construed as reflecting the beliefs or positions of Rolling Hills News.

WAYNE HANSEN Real Estate

4216 Main St., Elk Horn, IA 51531 and 110 W. Washington St., Exira, IA 50076
 Check out our website for more details www.waynehansen.com

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	Wayne Hansen, Broker Cell: 712-249-1785 Office: 712-764-7653 39 Years Experience		Abby Rasmussen, Broker Associate Cell: 712-249-1311 Email: abbyssellshomes@gmail.com 11 Years Experience		Kathi Kilworth, Salesperson Cell: 712-249-5233 Email: kk1965@metc.net 23 Years Experience
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NEW



SALE PENDING

1117 Ridgeway Dr. Audubon

This 3 bedroom, corner lot home, numerous updates since 2017. The primary bedroom has 2 closets and an en suite with fully tiled, walk-in shower. Spacious living room w/ great view. You have options in the basement depending on your needs. This house is ready for its new owners to move right in. Contact Abby Rasmussen at 712-249-1311.

NEW



207 W South St. Exira - \$189,900

Large sunroom overlooking the tranquil backyard with all the trees, shrubs and perennials in this well cared for brick ranch. Gas fireplace. Nice view for the 4th of July fireworks! 2 main floor baths with laundry. Kitchen appliances are included. The basement is unfinished. Homes like this don't come along very often! Contact Abby Rasmussen at 712-249-1311.

HOMES:
AUDUBON

- 1117 Ridgeway Dr. **SALE PENDING**
- 3 Lots on Sjaeland St. **NEW - SALE PENDING**
- 2126 Washington St. **SALE PENDING**
- 2123 Broadway Ave. **PRICE REDUCED - \$799,000**

EXIRA:

- 207 W. South St. **NEW - \$189,900**
- 1424 280th St. **SALE PENDING**
- 107 W. South St. **SALE PENDING**
- 113 Knutsen St. **SALE PENDING**
- 208 S. Fairview St. **SALE PENDING**
- Viking Addition Lots **4 LOTS REMAIN**

STORM LAKE

- 128 Scott St. **SOLD**

DEXTER

- 8439 Rosewood St., Vacant Lot. **\$10,000**

CASS COUNTY LAND:

- 66459 750th St., Massena. **\$195,000**
- 3+/- Acre Lots to Build on **Starting at \$45,000**
- 15-30+ Acres Recreational Ground **\$10,000/acre**

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 Email: rhoffman1963@gmail.com
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NEW



COMMERCIAL PROPERTY

4124 Main St. Elk Horn, IA 51531 - \$43,000
 The owner has made several updates including the bathroom remodel, new LED lighting, and restoring the floors back to a cement surface. The seller is willing to give the new owner marketing supplies used to run the business. Contact Kathi Kilworth at 712-249-5233.



How are we supposed to sample this? And why is she wearing gloves?



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Duane Christofferson

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**Blood Drive
Elk Horn Community**

Elk Horn Lutheran Church
Fellowship Hall

**Tuesday, July 25, 2023
11:30 a.m. to 5:00 p.m.**

Please contact Cindy Fredericksen at (712) 249-4582 or visit RedCrossBlood.org and enter: ElkHornIA to schedule an appointment.



Come give July 17 thru 31 for an exclusive Shark Week shirt from Discovery, while supplies last!



1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App

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Food Pantry Summer Challenge

Men VS Women

Who Can Collect More????

Toilet Paper or Laundry/Dish Soap???



Elk Horn Food Pantry Summer Challenge

The food pantry at Elk Horn Lutheran Church has been blessed by the generosity and support from our community in our mission to help our neighbors in need. We are able to purchase many things from the food bank at a substantial cost savings thanks to the monetary donations we receive. Non-food necessities continue to be the hardest for us to provide. We try to have some of these basic items on hand for our families as well.

This summer we would like to get a little friendly competition going between the men and women in our community. For the months of July and August we would like to ask that men donate toilet paper and women donate either laundry or dish soap to the pantry. We will update you on the status of the race throughout the summer. Who will be the winner? Will it be the guys or the gals? Thank you to all who choose to participate!

Challenge status as of Sunday July 9th:
Women 36 points, Men 26.5 points.

Women

Large Laundry soap = 2 points
Small Laundry soap = 1 point
Dish soap – 1 point



MEN

4 rolls = 1 Point



Elk Horn Lutheran Church Food Pantry



Everyone needs help with something at some point in their lives.

The Food Pantry at EHLC is available to assist people in the Exira – Elk Horn – Kimballton school district who need a little help putting food on the table.

Open Tuesdays from 4:30 to 6:30.
(Dates may be changed for scheduled church functions.)

For any questions please call
Juanita Erickson 712-249-6135



EXIRA CITY COUNCIL MEETING- WORK SESSION 108 E WASHINGTON ST. – CITY HALL TUESDAY, JUNE 27, 2023

The Exira City Council met for a work session in city hall on Tuesday, June 27, 2023. Present were Mayor Mike Huegerich, City Clerk Meg Andersen, and City Attorney Clint Fichter. Council Members Nathan Wahlert, Doreen Shrader, Clark Borkowski, Mark Paulsen, and Dwight Jessen, as well as public works employee, Mike Lauritsen, were also in attendance. The council reviewed and discussed the following topics and projects:

IDNR required wastewater treatment facility upgrades: The City of Exira will continue to work with JEO Consulting Group. Testing of water samples will begin July 5th when necessary equipment is received. Next meeting with JEO will be held virtually July 13 at 9 AM.

Water: City Clerk and council member Borkowski provided updates from the Regional Water Association board meeting. Regional Water is adding riffles to the Nishnabotna River as a temporary solution, and in the process of connecting to Council Bluffs Waterworks as a permanent water supply solution. It was discussed that it is not feasible to acquire our own water supply and build a new wastewater treatment plant. Council discussed exploring back-up water supply options with the cities of Atlantic, Elk Horn, and Audubon.

Streets, curb and gutter, sidewalks, and trail development: Discussion was had on connecting T-Bone Trail to Exira via Washington St or Legion Park. Street maintenance and upgrades coinciding with curb and gutter replacement were discussed, but need to be fully assessed. City Attorney will set up an assessment, and also present council with a model program for sidewalks at the next work session.

Trees: City Clerk provided updates on tree grants and will begin a tree fundraiser July 1, 2023, to help cover the cash match portion of the Community Forestry Grant. There are at least 7 additional trees that will need to be removed in the city park, as well as others around the city. The IDNR will complete a forestry survey at the end of July and provide a detailed report by Spring 2024 on the condition of all trees on city property. City Attorney will present updated tree ordinance for council review at the regular July council meeting.

Housing: Council discussed need for more housing and programs to assist residents needing home repairs. City Attorney will present on a project to develop city owned E Depot lots at a later meeting.

City Clerk will organize city wide garage sale the first weekend of August in conjunction with Exira Public Library fundraiser.

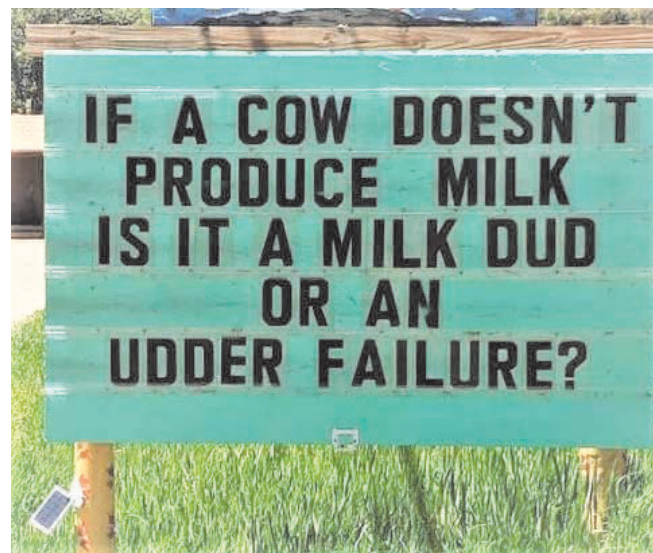
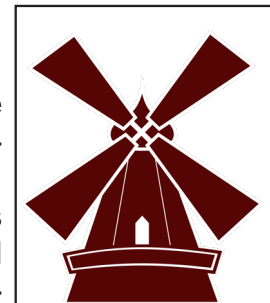
The work session ended at 6:30 PM.

Mike Huegerich, Mayor Meg Andersen, City Clerk

News From The Mill

We had a very busy June down at the windmill. We hosted over 2,000 visitors from 44 states and a number of foreign countries including Denmark, Norway, Germany, Philippines, and the United Kingdom. As we round out the first half of the year, we are amazed at how many people have come to see the windmill. We were especially busy on June 24 during our book-signing and aebleskiver tasting. The event drew quite the crowd and for awhile we thought we had gone back in time to Tivoli again. The windmill also hosted a few food trucks during the month of June with many requests to have more in the future. We are late in the season for scheduling but will do what we can to try and bring some more food trucks over this way so everyone can enjoy some good food out behind the Mill. Our yard games were a big hit as well with plenty of families and friends enjoying our new axe throwing game. We also cornhole now, available for members to come down and use any time the Mill is open. The Mill itself is still in disrepair. A lift was scheduled to arrive in Elk Horn this week, but we postponed due to the heavy rain in the forecast. So if it doesn't rain at all in Elk Horn this week, that is probably why. We hope to have a lift here next week to get the fantail repaired and repainted. Finally, our next issue of The Breeze will be out soon. If you didn't become a member, there is plenty of time to sign up to make sure you don't miss another great issue with a very fun story. Copies will be out in the mail before the end of the month. In the meantime, we have a lot more new merchandise in the store including our new orange Elk Horn shirts that have been flying off the shelves. Stop down at the Mill some time and see for yourself. As always, thank you for following along and we appreciate your support.

Shaun Sayres
Manager, Danish Windmill



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GOOD NEWS!

YES, THERE IS GOOD NEWS!

Every once and a while I feel that I should center myself by considering the title of these articles; “Yes there is good news”! It can become a difficult task when (as in our previous article) I take my eyes off the spiritual and onto the physical.

The Apostle Paul gives us an admonition in this regard from his letter to the Colossian church, Col. 3:1-4 “If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth. For you have died, and your life is hidden with Christ in God. When Christ who is your life appears, then you also will appear with him in glory.”

As is usually the case with Paul, there is a plethora of concepts and knowledge packed into this short 4 scriptural statement. Let’s take a look at it and see where it takes us. It should take us to that day in the future when Christ appears and we will, with Him, be glorified.

First off, have you ever reflected on whether or not you have been raised with the Messiah? Now that’s a tough one to get your mind around while you are sitting here upon this earth. Most often we think of the time when we are raised with Him as being in the future after we have perished. But in his letter to the Romans Paul tells us that we have already perished if “Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death?” (Rom. 6:3) So baptism seems to be the key.

Paul continues with this thought in the next verse, “We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.”

You see, baptism is a powerful symbol in regard to our senses. Being submersed in water affects our sense of sight, hearing, touch and if we don’t close our mouths we get to taste the water!! Paul continues in verse 5, “For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his.”

God’s desire for us is to walk in this newness of life with Him. God cannot walk with us while we have the stain of sin upon our hearts.

And so, if we have been raised with Him, we begin to “desire the things that are above.” We begin to “Set our minds on things that are above and not on things of the earth”. The totality of ‘Good News’, found in the scriptures begins to affect who we are in relation to the God we serve. Let us then “Walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God.” (Col. 1:10) Yes, walk worthy of the Lord; yes, walk in newness of life; yes, walk worthy of your calling; yes, “get up, take your mat and walk”!! (John 5:8)

Bill Rollins 7-2-23

IT’S ONLY SCIENCE

Last article we discussed some of the factors that determine how successful your community’s tourism works. When we say “tourist” we are talking about someone who has traveled more than 50 miles to come to your destination. Those who come a shorter distance than 50 miles are just considered visitors. To be really connected to tourists we must consider how traveling that far will color their experiences in your community.

The tourist has likely already checked out what your community has to offer. They may have an idea of what you offer is of interest to them. But those ideas are not set in stone. If they are greeted with a warm response at their first contact, they are open to your suggestions. That is when you make that all important first impression.

How many of you have actually toured your community’s tourism offerings. Have you checked out the local restaurants? What about your local retailers? Can you provide a face-to-face commercial about what they have to offer the visitor? It is one thing when the tourist receives this information from the local welcome center. But it is of a magnitude greater when it comes from a local business. The ultimate advertisement is when it comes from one business about another business.

A community’s built environment has much impact on a tourist opinion of your place. Is it obvious that your community is moving forward? Can the tourist see where there has been improvements made to your built environment? Is your business district kept clean and weed free? Do you have buildings that have obviously been well kept and/or restored? And do your residents realize that they are ambassadors for your community. Remember, the shortest distance between people is a smile.

How does the rest of your community look to the tourist? Is it obvious that residents have pride in their properties? Are your park areas well kept? Research has shown that 85% of tourists ask themselves, “would I consider moving here? And it is when the answer to that question is a yes, the odds of those people telling their friends you should check this place out, go way up!

Taking the things mentioned above into consideration, what else can we do to improve the tourist’s impression of our community?

It is important that we emphasize that we are an ethnic community. Perhaps not as much as back in 1923 when you knew someone was a visitor by the fact that they spoke English instead of Danish, but ethnicity still provides the tourist draw that others lack. We should capitalize on that with signage, public art, and even some coordinated color palate for our business district.

Bob Mortenson 6-19-2023.

“Kindness is a language which the deaf can hear and the blind can see.”

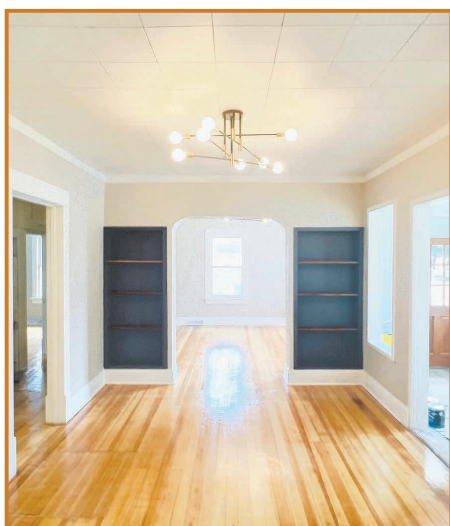
— Mark Twain



HOME FOR SALE

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Move-in ready home where all the hard work has been done for you. In 2023, a series of significant improvements were made, including new siding, roof, gutters, doors, and all plumbing. You'll find a large eat-in kitchen with new countertops, sink, and faucet. In addition, landscaping and new exterior details create a charming appearance coupled with worry-free and low-maintenance exterior.

All One Level

This 3-bedroom, 1-bathroom residence boasts a convenient single-level layout, offering accessibility. No more hauling laundry up and down stairs, as the main floor laundry and mudroom adds a touch of convenience. Wood floors throughout the home are all original and have been refinished and restored to their natural beauty.



Large, Edge-of-Town Lot

Step into a world of serenity and natural beauty with this charming ranch home, situated on a nearly ½ acre lot that overlooks the picturesque countryside on the edge of Elk Horn. This property offers a detached one-car garage, for your vehicle or other belongings.

More on <https://tinyurl.com/4205madison>



**To Tour call or text
(712) 545-0028**

Buyer's Agents Welcome



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thunderbridgeholdings@gmail.com

How many of you readers remember the stress of learning to drive or even worse, the psychological trauma of turning your offspring loose on the highways? I recall one mother of a newly-licensed teenager who phoned all her friends warning them, "Look out world, here he comes."

Back in my day our cars were not equipped with turn signals, automatic shift, power steering, power brakes, power anything. It was quite a caper to get it all together when learning how to drive. Farm kids probably had an edge on town kids as most had at least a little experience behind the steering wheel of a tractor. Some practiced driving in the oats field after the grain had been bundled and shocked. Sideswiping a shock of oats was no big deal, you just got out of the car, apologized to the scattered bundles and set them up again. With an older brother who was the unpaid but eager farmhand, this young female child got little experience in tractor driving as I grew up. Instead of a steering wheel my hands usually held a dishtowel or a dust-rag. And driver ed classes were unheard of in our 1940s high-school days.

My training (probably illegal) began on our dirt roads when Lyle and I were dating. With the road still a bit sticky from a rain, he decided I should learn the art of driving in mud. There was a pretty good track and all went well until I hit a deep rut, lost control and we got stuck. After a half mile walk to a farm house, the aid of a farmer's son with a tractor and chain, and five bucks less in Lyle's already thin billfold we were on our way again. With his usual good humor, he took it all in stride but my teen-age lessons on driving on muddy roads came to an abrupt halt.

Several years later, now married with a couple of kids, it was apparent that we needed two drivers in our home. With a few sketchy lessons, mostly on country roads, I found myself at the courthouse in Harlan breezing through the written test, passing with flying colors. Then came the driving test. That's when things started to turn ugly. As we drove aimlessly over the streets of Harlan the officer kept telling me, "Keep to the right...keep to the right...Keep to the right." Eventually he asked if most of my practice driving had been on country roads. This hick from the sticks squeaked out a "Yes" and drove on. I really thought I was doing pretty well until he commented, "I can't pass you if you keep wandering all over the road." Fortunately, he didn't ask me to parallel park and, wonder of wonders, he did pass me. We parted company and that was the last I ever saw of him. He most likely went home, took a couple of aspirin and spent the afternoon trembling on the couch. I'm pretty sure that is what I did.

The years passed quickly and ready or not we were faced with the fact that we had two teen-aged girls champing at the bit to get behind the wheel. They both had some tractor driving experience and the benefit of a driver education program in high school but we still didn't have a car with the amenities that make driving easy. It did, however, have turn signals although it was not equipped with anything automatic. The girls, too, had to learn the art of shifting using the clutch and gear-shift lever. That took a little practice. I well remember our first family outing with Daughter Number Two in the driver's seat. Her dad was the co-pilot and her mother and Daughter Number One sat quivering in the back seat. I wrote a little poem in honor of the occasion:

Gears grind in and the car reverses; Father in front seat scowls and curses.

After numerous engine kills the car hops rabbit-like over the hills.

Mom wrings her hands and finds her feet braking against the back of the seat.

Stops are short, starts are jerky. Father's face looks rather murky.

Mother glances at 'Seventeen' who utters a groan and turns pea-green.

Pale and shaken we finally arrive....."Sweet Sixteen" is learning to drive!

By the way, both girls and their mother turned out to be quite competent drivers. Practice doesn't necessarily make perfect but it certainly does help a lot.



Museum of Danish America Youth Camps



Hands-on learning experiences in a fun and educational setting!

Camp hours are 9am – 3pm with lunch provided.

Pre-registration is required. \$5 discount on camps for museum members.

Contact Alissa LaCanne at 712-764-7010 or alissa.lacanne@danishmuseum.org

LEGO Camp – June 1

Grade 5 and up – Cost \$25

A day filled with Danish LEGO building including several STEM activities, LEGO Mindstorm robotics, and a LEGO-themed lunch.

Theater Camp – June 19 – 24

Grade 7 and up - Free

A week-long theater camp ending with a production of Hans Christian Andersen's "The Ugly Duckling." Open to anyone 7th grade and up. Practices held Monday through Friday with a production performed on Saturday night at 7pm on museum grounds during the museum's 40th anniversary celebration.

Dane for a Day Camp – July 7

Grade 2 and up – Cost \$25

Attendees will be immersed in Danish culture for a day as they cook, bake, make crafts, tour exhibitions, and learn Danish traditions.

Summer on the Prairie Camp – July 31

Grade 2 and up – Cost \$25

A day spent exploring the outdoors learning about everything that the Jens Jensen Prairie Landscape Park has to offer.

Camps sponsored by the Iowa West Foundation and the Shelby County Community Foundation



museum of
danish america

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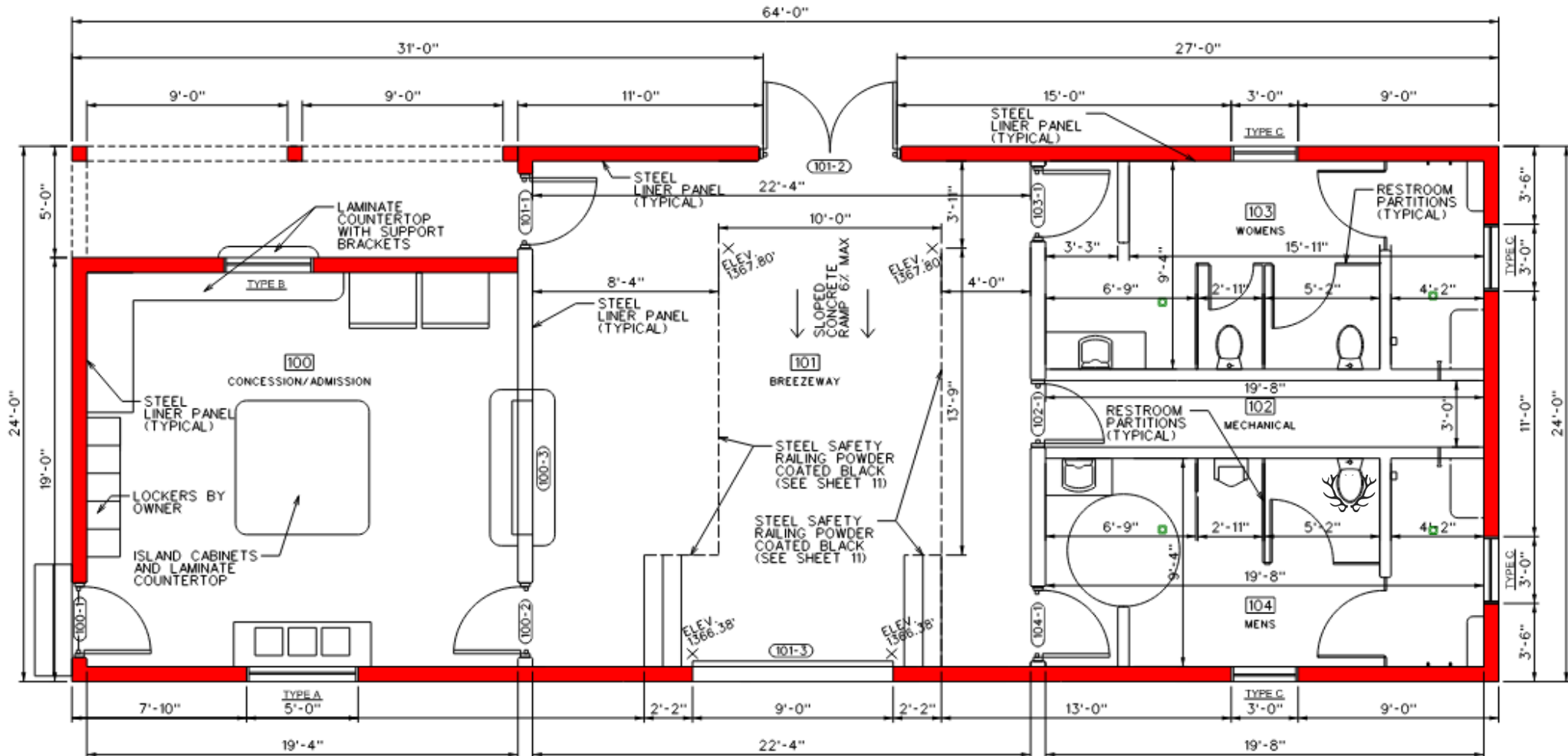
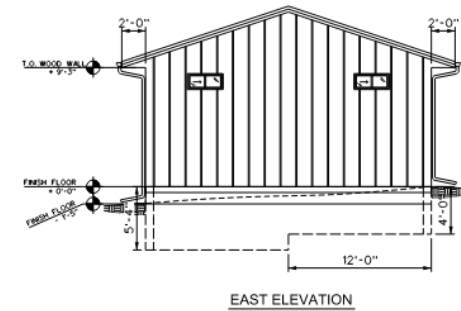
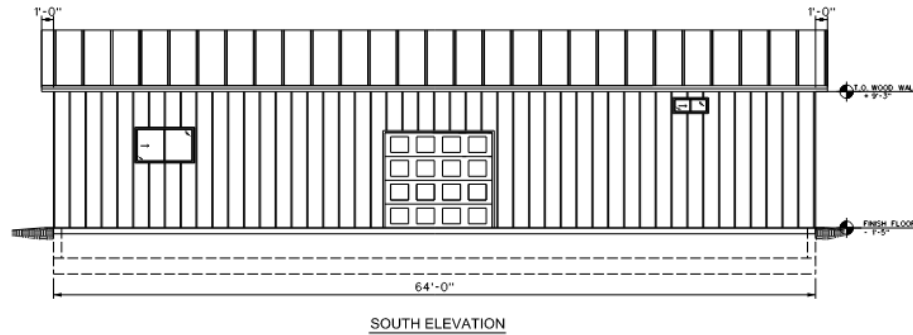
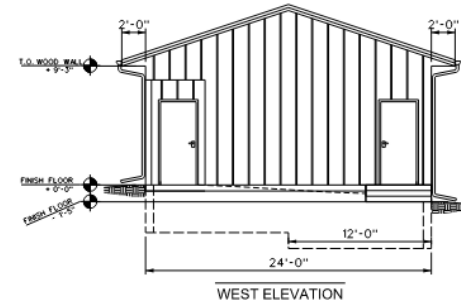
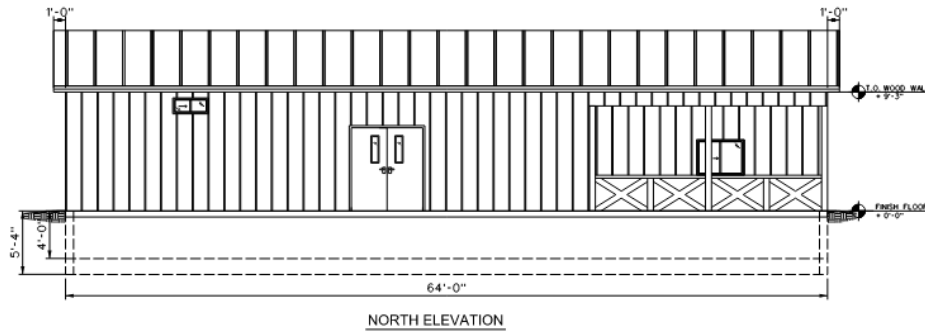
-Screened compost for your garden or yard available for purchase, \$5 for 5-gallon bucket full

Facebook & Instagram @ Windy Hill Compost LLC

Phone: Craig Keiser 402-676-0689

Email: windyhillcompostLLC@gmail.com

The New Elk Horn Pool



Burn Ban lifted

The Fire Chief's have looked at all information including drought conditions, water supply for fire protection, and recent rainfall to make the decision to rescind the burn ban for Audubon County. When you are performing a controlled burn (following Iowa open burning laws) please remember that you must notify Audubon County Dispatch at 712-563-2631. Thank you for your cooperation.

The annual Exira Alumni Coffee was Sunday, July 2 at the Exira Lions Building. The event, held for all graduates of Exira High School, was attended by 27 alumni and an additional 5 guests. Greg Jensen welcomed the group with special recognition given to the class of 1973, in honor of their 50 year reunion. Present from the class were Char (Nissen) Bintner, Judy (Ericikson) Bintner, and Terry (Bengard) Lawson. Those in attendance were entertained with trivia questions about the year '73. Additional alumni acknowledged included Phyllis (Walker) Hensley, Class of 1943, and Mark Jensen, Class of 1985, the oldest and youngest respectively. Alumni attended from Florida, Ohio, Minnesota, Pennsylvania, Texas, and Virginia, as well as Iowa. Following a brief program, cake and a co-op lunch was served.

Left Picture: Mark Jensen, 1985 and Phyllis WalkerHensley, 1943 , youngest and oldest
Right Picture: Judy Bintner, Terri Lawson, and Char Bintner, 1973



CITY OF EXIRA CITY PARKS TREE FUNDRAISER

UNFORTUNATELY, THE CITY OF EXIRA HAS BEEN SEVERELY IMPACTED BY THE EMERALD ASH BORER. WE HAVE ALREADY HAD TO REMOVE 10 TREES FROM OUR CITY PARK AND HAVE 7 MORE THAT NEED TO COME DOWN. KICKAPOO AND THE LEGION PARK BOTH HAVE TREES THAT NEED TO BE REMOVED AND REPLACED AS WELL. WE ARE ASKING FOR DONATIONS TO HELP US RAISE MONEY TO REPLANT OUR CITY PARKS.



OUR GOAL IS TO RAISE \$5,000

DONATIONS CAN BE MADE AT CITY HALL, LEFT IN THE DROP BOX, OR ONLINE AT ALLPAID.COM

CONTACT: MEG ANDERSEN, CITY CLERK AT 712-268-2187

CITY OF EXIRA CITY PARKS TREE FUNDRAISER

FUNDS RAISED WILL BE USED TOWARDS "CASH MATCH" REQUIREMENTS FOR VARIOUS GRANTS. THE CITY OF EXIRA IS APPLYING FOR MULTIPLE GRANTS TO HELP US FUND AND FACILITATE THIS MASSIVE PROJECT.

THIS MEANS THE MORE WE RAISE, THE MORE GRANT MONEY WE CAN APPLY FOR!



CONTACT: MEG ANDERSEN, CITY CLERK AT 712-268-2187 OR EXIRACLK@METC.NET

DONATIONS CAN BE MADE AT CITY HALL, ONLINE AT ALLPAID.COM, OR MAILED TO PO BOX 187 EXIRA, IA 50076

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Legion 332 Color Guard officially starting the parade

Lining up waiting for the start of the parade



This steam-power tractor has been driving in parades for over 40 years



PETE GRADY

PERFORMS...

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HOPE EMPATHY ACCEPTANCE LOVE

Our Mission: To support those living with incurable chronic medical conditions that impact quality of life.

Meets monthly at the **Exira Library Meeting room**
The **3rd Wednesday** of every month from **6pm-8pm**

Contact (712) 304-5779 with questions

THANK YOU!

Words cannot express our appreciation for the support by attending Touch-a-Truck Saturday. We had over 200 people! A special thank you goes out to those who helped make this happen: Jeff Nelson, Adam McCall, Chelsee Jacobsen, Jordan Jacobsen, Cal Rhoads, Sheriff Deputy RJ Bielenburg, Trent Partridge, Tanner Partridge, Tyson Partridge, Dain Niklasen, Robert Kite, Glen Hoegh, Rick Andersen, Adam Larsen, and Master Griller!!



James showing the children what a REAL phone looks like..
We were told he was having as much fun as the kids..

Songs n' stories was all about Pat-a-Cake. Cupcakes with frosting and sprinkles was snack.



Elk Horn Lutheran VBS day 2.. Another fun night with more kids than day 1 !



**SIT.
STAY.
READ.**

Join Lucy
a certified therapy dog who will be at the library on Mondays throughout the summer. Lucy is here to help build confidence readers so that they can **Find Their Voice**. We have a quiet area where kids and Lucy can relax on the rug and read their book of choice. Dog treats will even be provided for after reading sessions.



**Mondays
2:30-4:30pm**

June 5

June 19

July 10

July 24

August 7

**ELK HORN
PUBLIC LIBRARY**

2027 Washington St.
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712-764-2013

<https://www.elkhorn.lib.ia.us/>

+15

The City Council of Elk Horn met in regular session Wednesday July 5th, 2023, at 6:00 PM with the following members present: Mayor Hansen, Councilmen: Teegerstrom, Fredericksen and Hogberg. Absent: D. Petersen and K. Petersen.

Guests in attendance were Austin Sondag, and Eric Jorgensen from Snyder & Associates, Tim Plumb, Karen Schleuter, Alex Londo with Shelby County EMA, Lori Hoflen, Annette Madsen, and Chad Juelsgaard.

Mayor Hansen called the meeting to order at 6:00PM

Fredericksen moved, seconded by Hogberg to approve the agenda as presented. Ayes 3, motion carried.

Hogberg moved, seconded by Teegerstrom to approve the June 5th, 2023, meeting minutes. Ayes 3, motion carried.

Shelby County EMS provided an update to become an Essential Service. EMS plans to have Town Hall meetings throughout the county to further discuss with taxpayers. It will be on the ballot for November's election. This needs to be passed for the county to continue to have 24-7 ALS capabilities available after Medivac completes their contract.

Snyder & Associates presented the final plans and specifications for the Pool house project. Teegerstrom moved, seconded by Fredericksen to approve resolution 2023-7.1 – Authorizing Bid letting & setting public hearing. Bid letting submissions must be turned into City Hall by Thursday August 3rd at 2PM. Ayes 3. Motion carried.

Snyder & Associates presented the Wastewater preliminary engineering permit. Fredericksen moved, seconded by Hogberg, to approve the Wastewater permit for submittal. Ayes 3, motion carried.

Fence Ordinance Changes tabled till August 7th meeting.

Josh Nelson was approved by the Water in Progress internship program. This program allows Josh to work directly under the Public Works director while learning the roles of Water and wastewater operations. This program provides \$5,000.00 in wages to help support future operators. Josh's wages will be reimbursed to the city in full though the Water in Progress Internship. Hogberg moved, seconded by Fredericksen to approve \$11.50 an hour for Josh's internship wage. Ayes 3, Motion carried.

The Iowa DOT stated the tree at Washington & Main needs to be removed due to being in the ROW. The city will receive 2 bids for taking down the tree on Main Street and the remaining 9 trees in the park that are dead.

The hotel court hearing has been scheduled for August 24th, 2023.

Pool/Park: Raffle tickets are for sale to help raise money for the Pool House Project. Putt-Putt area renovation has begun.

Council: Numerous complaints have been noted for 4116 Madison Street, Clint will reach out to the homeowner for an update.

Hogberg moved, seconded by Teegerstrom to approve the Claims Register, Timesheets and Financial report as presented. Ayes 3, Motion carried.

Teegerstrom moved, seconded by Fredericksen to adjourn the meeting at 8:47PM. Ayes 3, motion carried.

RAFFLE TICKETS

Tickets: \$5ea. or 5/\$20

Proceeds go to the Pool House Project!

Drawing is August 30th, at 10AM



Courtesy of Jan Jensen

1ST PRIZE: 4 Tickets & 4 TShirts to a home non-conference Iowa Women's Basketball Game for the 2023-2024 Season



ELK HORN POOL

EST. 1966

2ND PRIZE: FAMILY Season Pass for the 2024-2025 Pool Season

Tickets available at City Clerk's Office, METC, SCSB or Pool House

Meet our Intern - Joshua Nelson

Son of our Public Works Director Jeff Nelson and Marie Nelson.

Josh will be able to experience first hand what it takes to be a water and/or wastewater operator. The City was given the opportunity to provide this internship at no cost to us. In 2018 Lauren O'Neil, Plant Manager of the Cedar Rapids wastewater plant, had an idea designed to provide high school students an opportunity to work at water and wastewater plants during their high school career. The idea was to provide exposure to the industry while assisting small communities with planning for the future.

You will see Josh doing numerous projects around town from water and wastewater treatment, to helping with all things public works related. Josh plans to take water and wastewater classes through DMACC during the up coming school year. The City of Elk Horn is happy to provide this opportunity



Well-Child Visits Take Place of Athletic Physicals

Now is the time to get your regular check-up for a child under the age of 18.

The regular check-up is often referred to as a “well-child visit.” These visits help ensure that infants, children and teens are getting the proper care they need to stay healthy. They give the doctor, parents and child an opportunity to talk about nutrition, safety, immunizations and many important age-appropriate topics.

A well-child exam also fulfills the requirements of an athletic physical, also referred to as a “back to school exam”. This year, Myrtue will not schedule a block of visits specifically for athletic physicals. Instead, parents should call to schedule a well-child visit for their adolescent or teen at a time that works with their schedule. This will meet the athletic physical requirements for participation in 7-12 grade school activities.

Well-child exams will be filed with insurance and you can have one wellness check per year. Many plans pay 100% for a wellness exam. Check with your insurance company, if you have any questions.

“Many parents don’t know that a well-child exam will qualify as an athletic physical,” said Dr. Sarah Devine, pediatrician at Myrtue Medical Center. “Just bring the required athletic physical paperwork, and we will complete the form for you. The athletic physical lasts for 13 months.”

Schedule your appointment

To schedule your well-child exam, which includes the athletic physical, please call 1-833-662-2273 or the local number at 755-4516. The Iowa Athletic Pre-Participation Physical Examination form can be found on myrtuemedical.org website under the tab Patients + Visitors | Authorization & Release Form | Iowa Athletic Pre-Participation Physical Examination.

Does a well-child visit count as an athletic physical?

Yes, an athletic physical exam is part of the well-child visit and is known as a pre-participation physical examination. The exam helps determine whether it is safe for a child to participate in a particular sport. The sports physical focuses on your well-being as it relates to playing a sport. A well-child exam is much more comprehensive and includes reviewing immunization records, discussions about behaviors, school issues and proper nutrition with the child.

How does a well-child check benefit my school-age child?

As your child grows, his or her body is going through a lot. It is important to monitor these changes closely to know if the development is happening at a normal rate. Growth patterns tend to change as children enter the pre-pubescent/adolescent stage of life. The wellness exam gives the practitioner a chance to provide the child with a thorough physical exam that also addresses any emotional, developmental, or social concerns. Well-child checks continue to be beneficial in providing education to middle schoolers and high schoolers, and their parents, on these changes and any challenges that may be present.

This annual visit provides an opportunity to discuss diet, exercise options, provide vision screenings, and additional testing. It is also a good chance to address important questions or concerns you have as a parent, especially with teenagers, including adolescent issues of substance use such as drinking, smoking and depression.

Routine Immunization

“Certain diseases have become so rare because of immunizations that many parents question whether their children need them,” said Dr. Devine. “Immunizations are one of the best ways to end the potentially serious effects of many diseases. Vaccines save lives. They are an important part of keeping your child healthy.”



New Dermatology Provider at Cass Health

ATLANTIC, IOWA – Cass Health is pleased to announce that Lace Sindt, DNP, ARNP, FNP-C, will be providing medical dermatology care to patients beginning this month.

“I love dermatology. I love being able to look at someone’s skin, recognize their diagnosis, and fix it so they can live a healthier, more confident life. Whether it’s psoriasis, acne, skin cancer checks, or something else, I like being able to offer solutions. I’m extremely passionate about what I do because I am determined to help my patients feel confident in their own skin,” said Sindt.

Sindt is a board-certified family nurse practitioner with a Doctorate in Nursing Practice from the University of Nebraska Medical Center. She received her Bachelor of Science in Nursing from the University of Iowa in 2019, after previously working as an LPN and RN for 10 years. “I’ve worked alongside dermatologists and facial surgeons, and I’m excited to provide this care for the community that I call home,” said Sindt.

With more than a decade of dermatology and facial aesthetics experience, Sindt can offer a variety of dermatology care including skin checks, skin cancer screenings, acne, rashes, psoriasis, rosacea, toenail fungus, moles, warts, and other skin conditions.

To make an appointment, please call 712-243-2850



Healthy U Lunch Series to Return in July

Atlantic, IA – Cass Health is happy to announce that the popular Healthy U lunch-and-learn series is returning in July.

Healthy U is a free educational series held monthly at Cass Health that the public is encouraged to attend. During Healthy U, Cass Health providers and staff share health information on a different topic each month. Upcoming presenters include Dr. Adam Verhoef, Beth Olsen, MS, RD, LD, and Dr. Matt Weresh.

The series will kick off on Thursday, July 20 at noon in Conference Room 2. Family Medicine Specialist Dr. Adam Verhoef will talk about osteoporosis.

Dr. Verhoef is a board-certified Family Medicine physician who provides the full spectrum of care including obstetrics and c-sections. He completed his undergraduate degree in Biology and Chemistry at Northwestern College in Orange City, Iowa. He then attended the Carver College of Medicine at the University of Iowa, and he completed his Family Medicine Residency in June of 2021 at Prisma Health Richland/University of South Carolina in Columbia, South Carolina. He also completed the Advanced OB Fellowship at Swedish Health First Hill Family Medicine in Seattle, Washington.

A free boxed lunch is provided for all attendees, so reservations are required. Call 712-243-7479 to reserve your seat. For more information about Healthy U, visit casshealth.org/healthyu.

Quotes from a few “old-timers”

Old age comes at a bad time.” – San Banducci

“Inside every older person is a younger person wondering what happened.” - Jennifer Yane

“Old age is like a plane flying through a storm. Once you are aboard there is nothing you can do about it.”- Golda Meir

“The older I get, the more clearly I remember things that never happened. - Mark Twain

“I’m at that age where my back goes out more than I do.” - Phyllis Diller

“Nice to be here? At my age it’s nice to be anywhere.” – George Burns

“First you forget names, then you forget faces, then you forget to pull your zipper up, then you forget to pull your zipper down.” - Leo Rosenberg

“You spend 90 percent of your adult life hoping for a long rest and the last 10 percent trying to convince the Lord that you’re actually not that tired.”
– Robert Brault

“Old people shouldn’t eat health foods. They need all the preservatives they can get.” – Robert Orben

“At my age, flowers scare me.” - George Burns

“It’s like you trade the virility of the body for the agility of the spirit.” – Elizabeth Lesser

“At age 20, we worry about what others think of us... at age 40, we don’t care what they think of us... at age 60, we discover they haven’t been thinking of us at all.” - Ann Landers

“The important thing to remember is that I’m probably going to forget.” - Unknown

“We don’t grow older, we grow riper.” - Pablo Picasso

“It’s paradoxical that the idea of living a long life appeals to everyone, but the idea of getting old doesn’t appeal to anyone.” - Andy Rooney

“The older I get, the better I used to be.” – Lee Trevino

“I was thinking about how people seem to read the Bible a lot more as they get older, and then it dawned on me — they’re cramming for their final exam.”- George Carlin

“Everything slows down with age, except the time it takes cake and ice cream to reach your hips.” - John Wagner

“Grandchildren don’t make a man feel old, it’s the knowledge that he’s married to a grandmother that does.”
- J. Norman Collie

Myrtue Medical Center will Open a Temporary ER Entrance During Renovation and Expansion

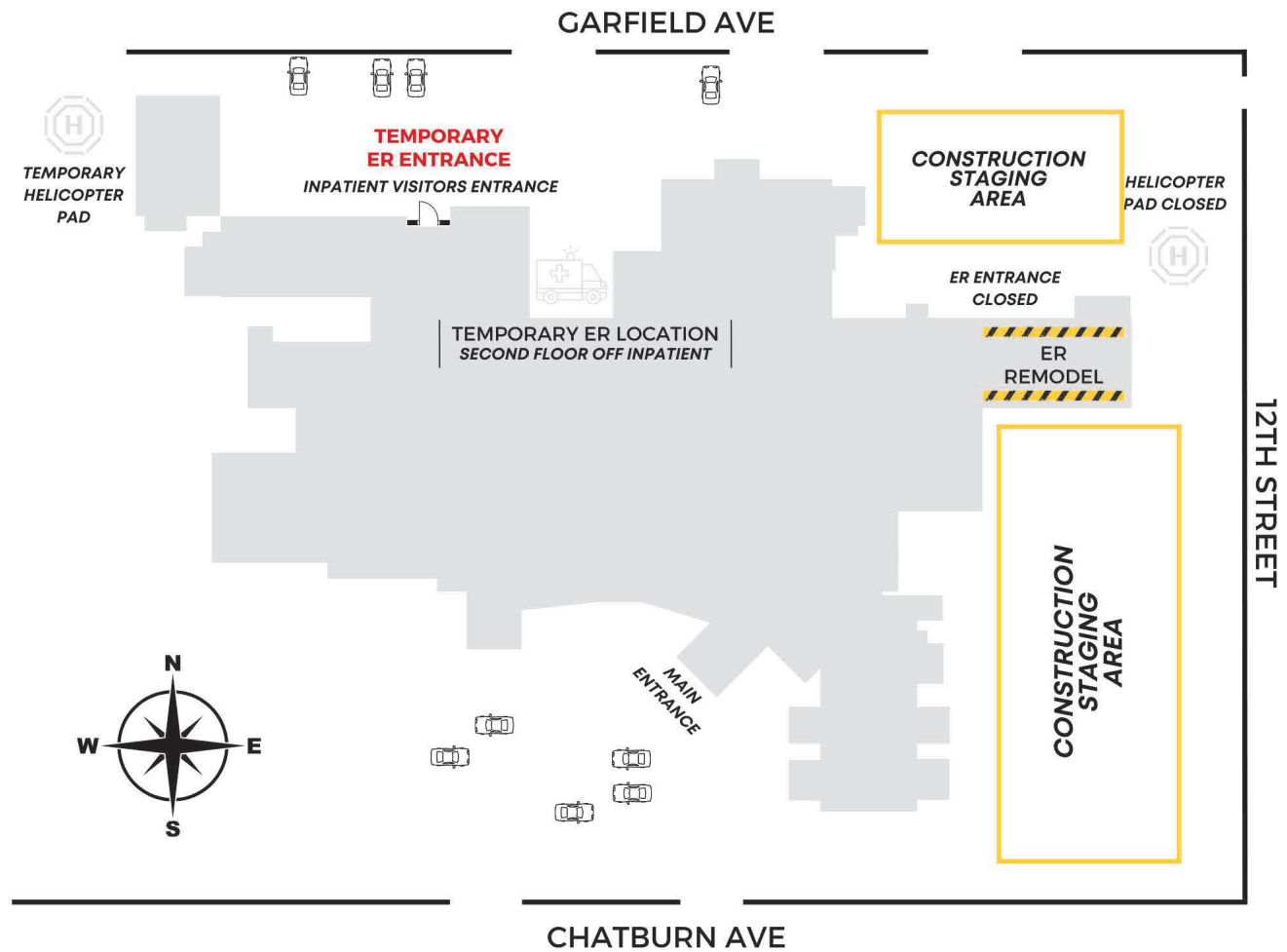
Starting on July 6, 2023, the Hospital’s Emergency Department (ED) entrance along Garfield Ave will close to allow for an estimated 13-month expansion and renovation of the current emergency room. A temporary emergency entrance will be located just to the west of the existing ER, still on Garfield Ave in the current inpatient visitor entrance. Exterior signage will direct patients to the new temporary ER entrance on Garfield Ave.

Patients seeking emergent care will enter on Garfield Avenue. They will check in at a temporary lobby and waiting area. Myrtue will keep this entrance open for the Emergency Department and inpatient visitors of the hospital.

With this renovation and expansion, the temporary helipad will be located in the northeast section of the employee parking lot. The hospital’s Chatburn Avenue main entrance will remain open for non-emergent patient appointments at the Harlan Clinic.

When complete, the Emergency Department expansion will increase space and improve workflow in the ER. The renovation will provide approximately 8,700 square feet of space, an expansion of about 3,400 square feet from the ER’s current footprint.

Murray Company, the construction company overseeing the project, will use the area to the east of the Hospital campus, along 12th Street, to stage materials, equipment and construction office trailers during construction.



Outlook Study Club is a local woman's club with about 25 members. It has been in the community since the 1940's and helped establish and supports the Elk Horn Library.

The Outlook Study Club prints a community birthday calendar yearly and this calendar is our money making project. The funds are generated back into the Elk Horn - Kimballton Community in the form of scholarships at our school, community fireworks, flags, swimming pool, library, and other civic needs as the year dictates.

This year club members decided our largest donation which was \$1,000 dollars would go to the Elk Horn Swimming Pool Fund. The pool has been and is a special part of our community, not only for the kids but for all of us. Because many of you community members bought ads and purchased calendars you are included in this gift from Outlook Study to the Elk Horn Pool Fund.

Thank you for your part in our community and how you help accomplish the needs and tasks that appear. Please consider advertising and adding names to our community birthday calendar and purchasing calendars from Outlook Study Club this coming year.




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Chain Saws & Trimmers

 **GRASS HOPPER**

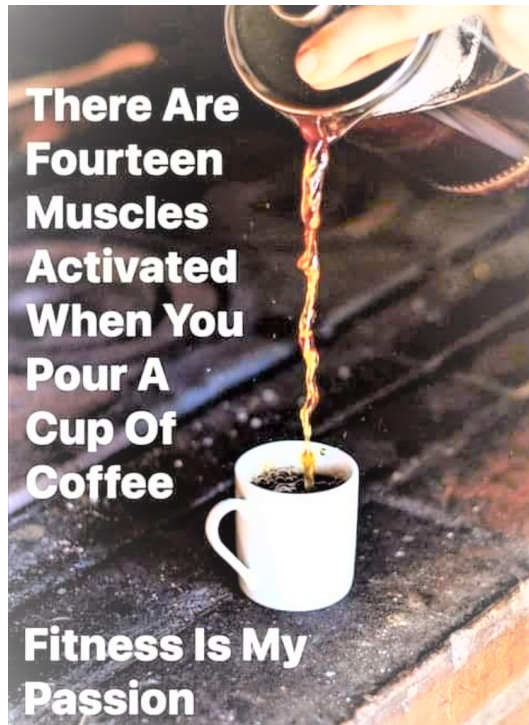
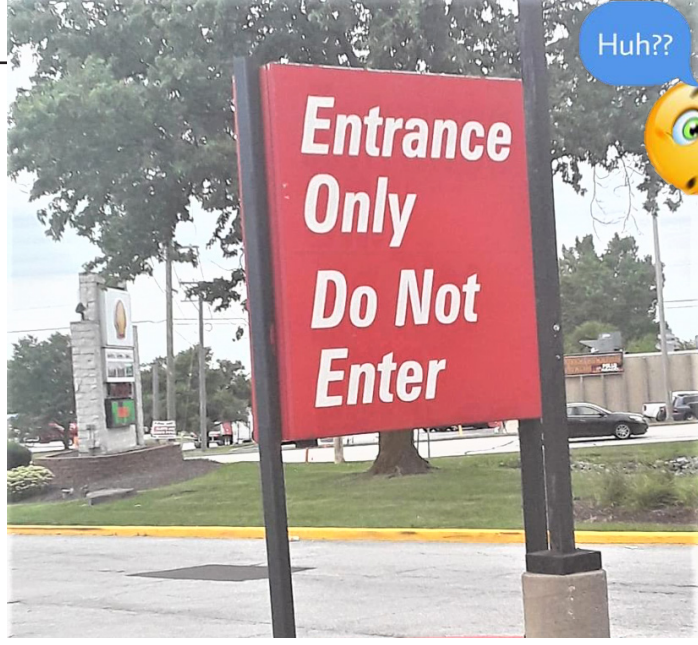
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Everyone you meet is fighting a battle you know nothing about.
Be kind always
-Robin Williams



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Fax: (712) 764-2247
Monday-Friday: 8:00-5:00
www.petersenagency.com

"It's not the size of the dog in the fight, it's the size of the fight in the dog." – Mark Twain



The Exira Tractor Show and Ride held their 18th ride, Sunday morning, on June 25. Sixty tractor drivers, ages 14 to 89, wound through the countryside northeast of Exira, with a destination of Waspy's Truck Stop south of Audubon. A mid-ride break was made at Bowman Chapel Church for donuts and drinks, and to stretch the legs, before continuing on the second 14 mile leg of the ride to Waspy's. The group was treated to a delicious meal served by Two Palms Grill before gathering inside for a presentation by Brian Handlos, CEO, explaining the progress and operation of the facility. The group then headed south to return to Exira. Drivers came from as far away as Humbolt, Winterset, Osceola, St Charles, Altoona, Council Bluffs, and Oakland, as well as area towns.

The Exira Tractor Show and Ride began in conjunction with Exira's Sesquicentennial celebration in 2007. The ride has continued each year on the last Sunday of June, stopping at various points of interest in Audubon and surrounding counties. This event is supported by the generous donations of local businesses to make the ride and the meal free to participants. The committee of Denny/Judi Nelson, Dwain/ Carol Thompson, Gary/ Carol Lea Rasmussen, and Rich Griffin has remained since the origin of the event and are always looking for new places to visit



Museum of Danish America's Summer on the Prairie Camp July 31

2nd grade and up | \$25*
9 am - 3 pm | Lunch will be provided

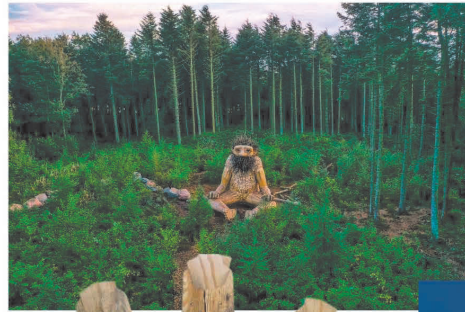


A day spent outside learning about everything the Jens Jensen Prairie Landscape Park has to offer.

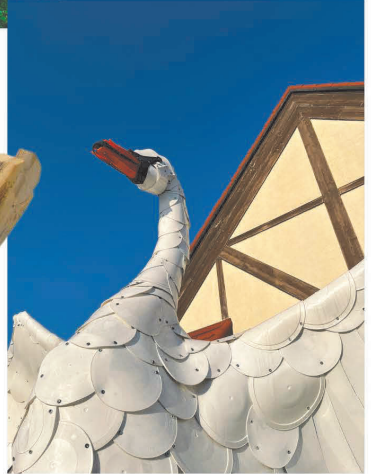
*\$5 discount for museum members
To sign up, call 712.764.7001 or email alissa.lacanne@danishmuseum.org.



Join the Museum of Danish America for an Artist Talk with **THOMAS DAMBO**



Thomas Dambo, a prominent recycle artist from Denmark, will visit the Museum of Danish America for an artist talk in July. For more information, check the museum's website in the coming days: <https://www.danishmuseum.org/visit/events>



The museum is currently home to Dambo's "The Nordic Swan" and "The Left Hand of Little Arturs."

